

WATER SAFETY

Activity Booklet

ANSWER KEY

With Josh the Otter® &
Progressive Agriculture Safety Days®



www.progressiveag.org
www.joshtheotter.org





UNSCRAMBLE THE WORDS

Did you know? An otter's den is called a "holt" or a "couch"?

Did you know? A baby otter is called a pup

Did you know? Otters hold on to each other when floating, this is called a raft.

Did you know? Otters don't know how to swim when they are born. Their mothers help teach them.

- | | |
|----------------------|------------------|
| 1. eftays | Safety |
| 2. wmgsiinm | Swimming |
| 3. eartw | Water |
| 4. aduflegir | Lifeguard |
| 5. viidgn | Diving |
| 6. kfeejlaic | Lifejacket |
| 7. cnussnee | Sunscreen |
| 8. easkkocrt | Backstroke |
| 9. ailgfio | Floating |
| 10. tbnoaig | Boating |
| 11. olop | Pool |
| 12. keal | Lake |
| 13. caneo | Ocean |
| 14. ittoiafln ceeivd | Flotation Device |
| 15. ghiisnf | Fishing |
| 16. dadple | Paddle |
| 17. fatr | Raft |
| 18. rasmet | Stream |
| 19. cabhe | Beach |
| 20. nodp | Pond |



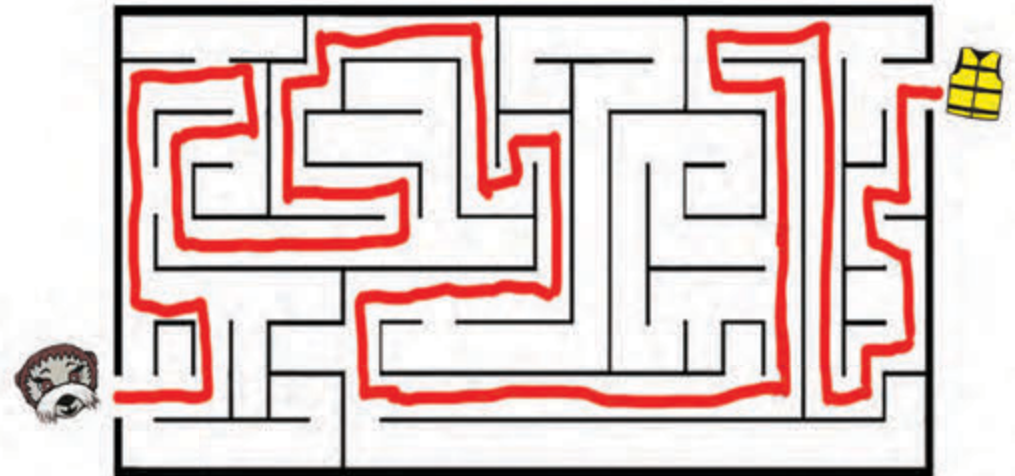
Water Safety Tips

- Always Wear a Life Jacket
- Learn to Swim & Float Well
- Always Swim With a Buddy
- Make Sure Adults Watch You
- Only Swim in Marked Areas

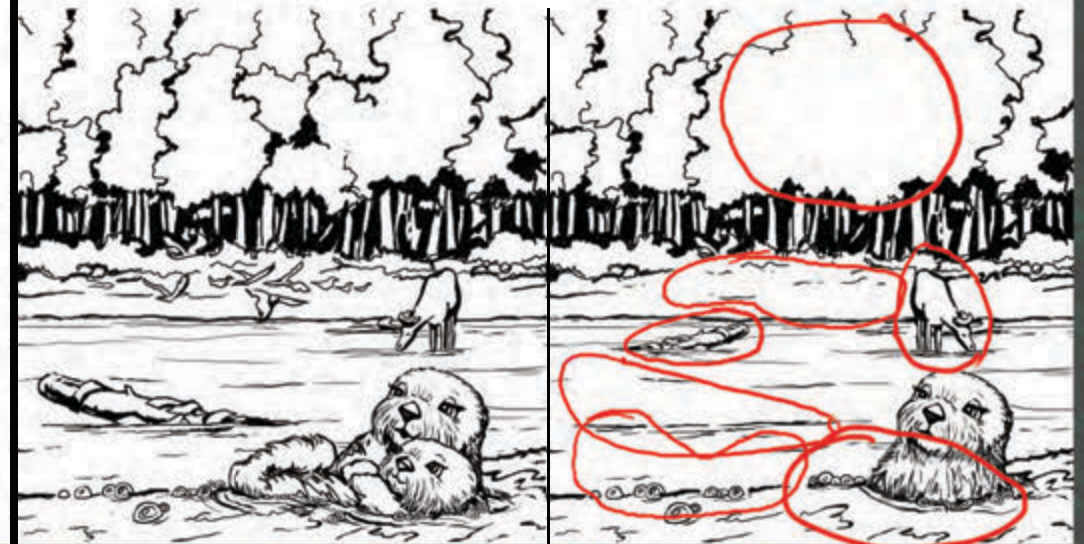


www.joshtheotter.org | www.progressiveag.org

Help Josh find his way to the life-jacket!



Can you find the **SEVEN** differences between these two pictures??



Safety Scenarios

1. You notice someone struggling to swim in a nearby lake. What would you do?

2. A friend asks you to go boating, but says lifejackets or PFDs are only for weak swimmers and you don't need to wear one. What would you do?

3. From slippery surfaces to the presence of chemicals, water is not the only safety issues around pools. What are some tips to ensure the safety of yourself and others?

4. You see a bunch of kids diving in the shallow end of the local community swimming pool. What would you do?

5. You are having a lot of fun swimming in your pool with friends when suddenly you hear the roar of thunder and see lightening in the distance. What would you do?

6. In the event of an emergency where you must call 911, what are the most important tips to keep in mind?

7. In your opinion, what are the most important safety rules that should be enforced when going swimming?

8. List all areas around the home, ranch or farm where you can find water and precautions you should take?



Did you know? There are 13 Different otter species around the world!

Did you know? Otters live on every continent except Australia and Antarctica.

Did you know? Otters live on both land and water.

Did you know? Otters have been around for nearly 5 million years!

Did you know? Otters are social and enjoy playing with each other just like us.

Did you know? Otters are one of the few animals that use tools.

www.joshtheotter.org | www.progressiveag.org

Learn to Float



1. Be sure to obey all the _____ on signs.
2. This is one of the leading causes of unintentional injury death
3. A Personal Flotation _____, can help save a life.
4. Josh the Otter says, "Learn how to _____".
5. Never swim _____.
6. If someone needs help in the water, "Reach and _____.
7. Always remember, _____ First!
8. When boating, always wear your _____.
9. Be safe around water with Josh the _____.
10. Water can be fun, but ONLY when we are all _____.
11. Always swim with a _____.

Water Safety Crossword Puzzle



Safety Scenarios Answers:

1. You notice someone struggling to swim in a nearby lake. What would you do?
If you have easy access to a pole, life ring or a rope - try to help pull them to safety. Remember - Reach, Throw and Don't Go In, but instead go quickly for help!
2. A friend asks you to go boating, but says lifejackets or PFDs are only for weak swimmers and you don't need to wear one. What would you do?
Don't give into peer pressure. A lifejacket or PFD (personal flotation device) is the single most important piece of equipment on your boat. An incident can happen with little to no warning and leave no time to secure your lifejacket. Select the right size PFD and place it on before you board your watercraft. Be sure to wear it every, single time.
3. From slippery surfaces to the presence of chemicals, water is not the only safety issues around pools. What are some tips to ensure the safety of yourself and others?
 - **Pool chemicals should be locked up and stored safely out of the reach of children.**
 - **Water, electricity and people are a dangerous mix. Avoid electrocution with proper electrical wiring (ground fault interrupter) and keeping other electronics away from the pool area.**
 - **Ladders, stairs, diving boards and pool decks can be slippery. Avoid running and use caution entering the pool.**
 - **Avoid walking on pool covers, even if they look sturdy.**
 - **Examine pool toys. Some floatation devices can cause young swimmers to flip over and get trapped upside down under the water.**
 - **Water quality is important. Swim in a well-maintained pool. Pools with too many chemicals can cause skin and eye irritation, while pools with too little chemicals can contain bacteria and lead to infections.**
 - **Protect yourself from the harmful UV rays of the sun by wearing sunscreen, sunglasses and protective clothing.**
4. You see a bunch of kids diving in the shallow end of the local community swimming pool. What would you do?
Find an adult or lifeguard on duty. These children run the risk of getting injured and are being a bad role model to other children, who may be watching and wanting to mimic their unsafe behavior.
5. You are having a lot of fun swimming in your pool with friends when suddenly you hear the roar of thunder and see lightening in the distance. What would you do?
When it comes to thunder, the general rule is this: If you can hear thunder you can be struck by lightning. When lightening is involved, it's this: If you see lightning, evacuate the pool and seek shelter immediately. Wait 30 minutes from the last thunder you hear or 60 minutes from the last lightning you see before entering the water.
6. In the event of an emergency where you must call 911, what are the most important tips to keep in mind?
 - **Get help immediately, don't delay in making the phone call.**
 - **Know your location – be prepared to give an address and describe your whereabouts.**
 - **Stay calm and answer all the questions asked of you by the dispatcher or first responder.**
 - **Stay on the line, if the dispatcher asks you to, so they know when help arrives.**
 - **If you have an opportunity, take a course to learn CPR.**
7. In your opinion, what are the most important safety rules that should be enforced when going swimming?
We are not sure of your swimming situation but look at some of the water safety tips on page 1. Josh the Otter's most important tips are "learn to swim and always swim with a buddy!"
8. List all the areas around your home, ranch or farm where you can find water and precautions you should take?
Water Areas - Lakes, ponds, rivers, channels, creeks, tanks, animal watering troughs/devices, buckets, bathtubs, showers and sinks.

Precautions - Learn to swim, display signs stating rules or hazards, place a heaving jug and safety post near outdoor water sources, put fences around pools and ponds, make sure ladders are up when not in use for above-ground pools, and never be unattended in a bathtub, swimming pool or other water source.

Fill in the Blank



PARTNERSHIPS HAZARDS SAFETY RURAL VISION CHILDREN
ULTRAVIOLET VOLUNTEERS INJURY FLOTATION REACH SUNSCREEN
FIRST HEAVING REACH SCHOOLS

The Progressive Agriculture Safety Day® program was created to prevent farm-related **INJURY** or death. This educational program provides training and resources for local communities to conduct one-day **SAFETY** and health program for children living on farms, ranches or **RURAL** communities. Each year, more than 80,000 **CHILDREN** attend a Progressive Agriculture Safety Day® in their local community with the help of more than 20,000 **VOLUNTEERS**. While learning about water safety, participants learn about personal **FLOTATION** devices, how to create a **HEAVING** jug, and the importance of **REACH**, Throw, Don't Go in the Water, but go for help! Understanding **ULTRAVIOLET** rays and the importance of wearing **SUNSCREEN** and protective clothing are the focus of sun safety. Other topics teach participants about **FIRST** Aid, calling 911 and identifying hidden **HAZARDS** found around the home, ranch or farm. Progressive Agriculture Safety Days can be open to the entire community or they may be customized for specific **SCHOOLS** or classes. Since 1995, Progressive Agriculture Safety Days® has been successful thanks to our generous sponsors, **PARTNERSHIPS** and dedicated volunteers. Our **VISION** is that "No child would become ill, injured or die from farm, ranch and rural activities."



What You **Otter** Know About Josh the Otter



Josh The Otter is a character who was created a little over 10 years ago in 2008. The creators hope that Josh is a great role model for children to learn the importance of water safety. Through his messaging of always getting an adult when going around water, always swimming with a buddy and being excited about learning to swim, children will learn to be safer in and around water.

WATER SAFETY WORD FIND

SAFETY LAKE SHIP FLOAT OCEAN BUDDY RAFT SAFE SKIING
PADDLE WHISTLE BUOY PFD WATER JOSH SWIMMING

B	U	D	D	Y	C	O	S	A	M	M	Y	R	W	W	S	P	M	P	T	W	Z
B	F	L	O	A	T	W	Q	Z	Y	B	N	P	W	H	I	S	T	L	E	A	
H	B	E	A	M	S	K	I	I	N	G	B	T	R	O	I	U	V	E	A	S	R
C	M	A	T	R	B	W	A	T	E	R	C	V	O	U	P	B	U	L	K	M	A
O	P	B	E	T	Y	W	A	T	E	R	M	C	N	D	R	U	V	Z	E	P	F
C	K	J	O	P	P	K	B	W	I	A	M	L	P	X	J	O	S	H	B	R	T
E	E	P	C	A	Z	A	G	K	O	M	S	A	F	E	T	Y	N	K	V	X	E
A	M	L	E	D	D	O	C	K	P	C	W	K	R	H	K	S	F	Q	E	O	T
N	O	B	I	D	T	R	B	M	C	A	N	O	E	O	U	R	F	E	S	U	P
N	S	A	I	L	S	P	N	E	X	A	O	P	W	P	F	D	P	G	S	M	E
I	A	W	U	E	V	T	K	S	D	O	C	K	Z	X	N	S	A	F	E	T	Y
P	F	T	K	P	A	D	D	L	E	E	I	T	H	L	E	W	Q	M	L	Z	X
T	E	W	X	I	M	E	V	R	J	S	W	I	M	M	I	N	G	W	O	G	K

Let's be **SAFE** together!

Water Safety Pledge

I pledge to be safe in and around water and to help protect those around me.



www.joshtheotter.org | www.progressiveag.org



Promoting Water Safety and Literacy for Children.

Our Partners in Prevention



US Army Corps
of Engineers
Omaha District

MICHAEL PHELPS
FOUNDATION



SAFE
KIDS
WORLDWIDE™



Pool simple steps
save lives
SAFELY



Healthy Pools. Healthy Bodies.



Children's
HOSPITAL & MEDICAL CENTER



For answer sheets, visit:

www.progressiveag.org
www.joshtheotter.org

